

# GLUTEN FRIENDLY MENU



**GRAN RODEO**  
MEXICAN BAR & GRILL

ALL ITEMS ARE MADE IN A SHARED KITCHEN WITH THE RISK FOR CROSS-CONTAMINATION.

## ITEMS MADE WITHOUT GLUTEN CONTAINING INGREDIENTS:

### APPETIZERS + SIDES

- Cheese Dip
- Queso Picante Dip
- Queso Fundido Dip
- Texas Dip
- Crab & Shrimp Dip
- Esquites
- Fresh Guacamole
- Side of Guacamole
- Rodeo Trio
- White Rice
- Black Beans
- Refried Beans
- Red salsa for chips
- White dip for chips

### ENTREES

- All entrees in the "FAJITAS" section ONLY when eliminating tortillas or substituting flour tortillas for corn tortillas (white rice or beans only)
- Jalisco Especial\*
- Chile Verde\*
- Clambers\*
- Carne Asadas\*
- La Veracruzana\*
- Gran Rodeo\*
- Pollo Parilla\*

*\*with white rice or beans only*  
*\*substituting flour tortillas for corn only*

### TACOS + SALADS

- Street Tacos\*
- Shrimp Salad
- Fiesta Salad
- Side Salad
- Aqua Tacos
- Black Bean Tacos\*

### ENTREES

#### Seafood:

- Camarones Al Chiptole - only when sub tortillas for corn\*
- Camarones a la Mexicana - only when sub tortillas for corn\*
- Ceviche
- Coctel de Camaron
- Grilled Tilapia\*

#### Enchiladas:

- Enchiladas Suizas\*
- Crab & Shrimp Enchiladas\*
- Enchiladas El Jefe\*

\*\* Our red enchilada sauce contains flour. The entrees listed above do not contain this sauce.

\*\*Our verde sauce and cheese sauce do not contain gluten. These sauces can be substituted on other enchilada entrees to make them gluten friendly.

## ITEMS MADE WITHOUT GLUTEN CONTAINING INGREDIENTS BUT CONTAIN INGREDIENTS MADE IN A SHARED FRYER

(BEST FOR DIETARY PREFERENCE-NOT FOR SEVERE ALLERGIES OR CELIAC GUESTS):

### APPETIZERS + SIDES

- Tortilla chips
- Empanadas
- Chipotle Street Corn
- Mexican Rice
- Chiles Toreados

### TACOS + SALADS

- Crunchy Taco shells
- Tostadas
- Tortilla strips on Skinny Salad

### ENTREES

- ALL NACHO ENTREES
- Arroz Con Camarones
- Arroz Con Pollo
- Flautas

### DESSERTS

- Flan
- Scoop of Vanilla Ice cream

### CHIPS & SALSA

Chips are 100% corn but made in a shared fryer.  
Salsa & White Dip are GF